



President's Message

Happy New Year to all our members.

It is my very pleasant duty to send this winter message from GNABC to you. It is hard to acknowledge that another year has come to an end when there is still so much work to do for the association. We will start the New Year with a fresh, transformed website which will allow more interaction with our members with links to other healthcare organizations and associations. You will find educational articles, information on upcoming conferences and chapter information on the website and much more. Information which used to appear in the quarterly newsletter will now be posted on the website. GNABC members will have access through CGNA for the Perspectives Journal. For those of you who are doing the CNA certification please check with your local chapters for information on study groups in your area. Our association must also look at political action and advocacy on behalf of older adults and healthcare. We hear too much in the media about older adults being a drain on the healthcare system and not enough about illness prevention and education for older adults. Healthy older adults will not be a drain on the healthcare system and frailer older adults who require healthcare services must be able to have quality, easily accessible, affordable primary healthcare as close to home as possible. Is this achievable? Why not? Let us speak to our families, neighbours, colleagues and politicians with our knowledgeable voices in gerontology so that we will have support in our advocacy for those for whom we care. While we care for others we must also remember to care for ourselves as we too will one day join the ranks of the older adult.

Respectfully submitted,

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GNABC Acting President